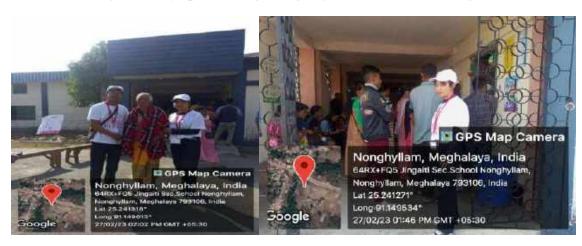


ABSTRACT REPORT ON NSS REGULARACTIVITIES, 2022-2023.

Motto: "Not Me, But You"

ACTIVITIES CONDUCTED AND PARTICIPATED

1. On the 26th and 27th Feb, 2023: 4 NSS volunteered during MLA election,2023 at Nonghyllam (PyntngenlangLyngdohRngaid, IbanrilinNongrum,KynphamlangNongsiej and BahunlinNongrum).





2. 21st, 22nd and 23rd April,2023: Under the team of 5 leaders (Kynpham, Pyntngen, Merilin, Wanbhalang and Ibanrilin): NSS volunteers carried out **EOHO (Each One Help One)** project helping Small businesses and people to make use of digital literacy and shared the same on their social media to reach the public at large.

https://x.com/NssSngap/status/1649807459840847872?s=20 https://x.com/NssSngap/status/1649808949506617344?s=20

https://x.com/NssSngap/status/1649816538248257544?s=20

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https://x.com/NssSngap/status/1649820252019261443?s=20

https://x.com/NssSngap/status/1650103685874323456?s=20

https://x.com/NssSngap/status/1650156327979851779?s=20

3. "OBSERVATION OF THE WORLD NO TOBACCO DAY"

ORGANISED BY NATIONAL SERVICE SCHEME, VENUE: SNGAP SYIEM COLLEGE MAWKYRWAT. DATED: 17th MAY, 2023

Name of the Programme: Observation of the World Tobacco Day, 2022. No. Of Participants: 256 (NSS volunteers, Students and Teachers)

Activities Conducted: Rally campaign

Objectives of the program: To spread awareness on the ill effects of tobacco and

influence the public to adopt a healthy lifestyle.

Outcome of the programme: Successful.

Supporting Photos:







4. PARTICIPATION IN PARTICIPATION IN AWARENESS PROGRAM "MISSION LIFE" IN COLLABORATION WITH MEGHALAYA STATE POLLUTION CONTROL BOARD

Dated: 31st May 2023

REPORT

Activities Conducted: Awareness program and Pledge taking ceremony on

Mission LiFE

Resource Persons: Shri. S. Swer (Senior Scientist) and Dr. Guarav Singh (

consultant)

No of participants: 102 NSS volunteers

Outcome of the programme: Students has gained resourceful knowledge.



5. 3rd June, 2023: Cleaning Drive was conducted at Phot Mawpon: one of the important rivers of Mawkyrwat on account of *World Enivronment Day*, 2023.

Participants: 46 NSS Volunteers, 1 P.O





6. 14th June, 2023: Awareness program and Pledge taking Ceremony on account of World Blood Donor Day, 2023

Every drop counts!! Save lives, Love Life.

No of Participants: 66 NSS volunteers and Students

Venue: Sngap Syiem College.



7. CELEBRATION OF INTERNATIONAL YOGA DAY BY

NATIONAL SERVICE SCHEME UNIT VENUE: SNGAP SYIEM COLLEGE DATE: 21ST JUNE, 2023

Report of Activities:

About the Programme: The programme was organised by National Service Scheme (NSS) Unit in Collaboration with NCC of SngapSyiem College to observe the International Yoga Day, 2023

Types of the Programme: Awareness programme and demonstration.

Participants: 58 NSS Volunteers.

Theme: Yoga for VasudhaivaKutumbakam.







8. 19th to 23rd June, 2023: Participated at the North East NSS Festival, 2023 held at NEHU, Shillong. (2 NSS volunteers and 1 P.O)





INTERNATIONAL DAY AGAINST DRUGS ABUSE (IDADA) AND ILLICIT TRAFFICKING" ORGANISED BY MEGHALAYA AIDS CONTROL SOCIETY DATED: 26TH JUNE, 2023

Activities conducted: (i) Rally campaign on Observation of International Day against Drug Abuse and Illicit Trafficking, 2023 (Venue: from College to Mawkyrwat Market and back to the college)

(ii) Awareness program on Drug Abuse

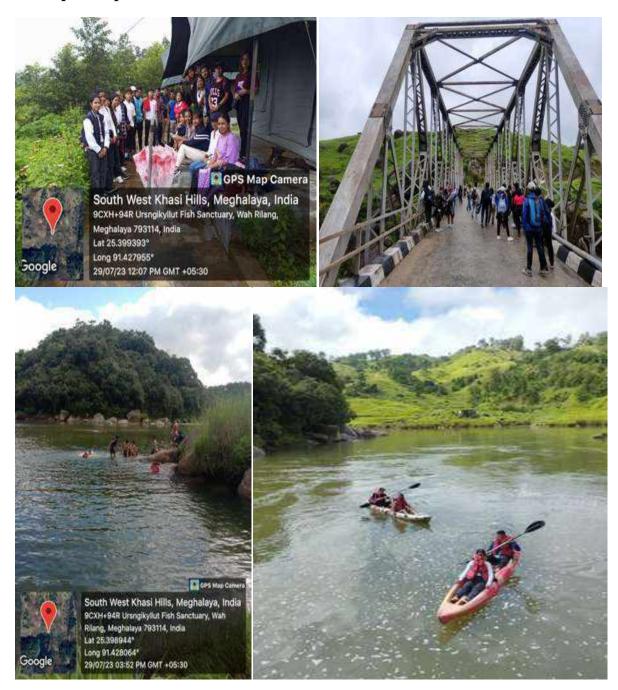
Resource Person: Sir EverlastKhongmalai (Custer Programme Manager, DISHA,

Meghalaya Aids Control Society, Shillong) **Venue**: SngapSyiem College, Mawkyrwat **No of Participants:** 105 NSS volunteers



10. 31st July 2023: Trekking to Rohbah with an aim to enjoy the beauty of nature and to enhance volunteer's positive attitude towards preserving environment and nature's flora and fauna.

No of participants: 67 NSS Volunteers and 1 P.O



11. On 03rd August, 2023: As part of MeriMati, MeraDesh (MMMD) Campaign, Tree plantation Programme was conducted where 30 sapplings has been planted at Women's Hostel of the College

On the same day, **A PanchPran Pledge** taking ceremony was taken by the unit to pay tribute to (l) Sngap Sing Syiem- a freedom fighter of MaharamSyiemship as part of MMMD campaign.

No of participants: 42 NSS volunteers

Supporting Photos





12. (12th August, 2023):Participation in Safai Abhiyan organised by NCC & NSS in collaboration with RUSA on Occasion of International Youth Day.

No of participants: 12 NSS volunteers





13. 14th August,2023: Volunteers take part in HarGharTiranga, 2023 with pride to express solidarity and pride towards the nation on its 77th year of Independence.

No of Participants: 69 volunteers



14. 15th August,2023: 'Azadika Amrit Mahotsav'; NSS Volunteers leading the national Anthem during Independence Day Celebration.





15. SWACHHATA HI SEWA (SHS) CAMPAIGN ORGANISED BY NATIONAL SERVICE SCHEME(NSS) SNGAP SYIEM COLLEGE, MAWKYRWAT

Dated: 20th September, 2023

Activities Undertaken: Massive Cleaning Drive **Venue**: Within and outside of the College Campus

No of Participations: 74 volunteerss



NSS UNIT, SNGAP SYIEM COLLEGE CELEBRATED THE 54TH NSS FOUNDATION DAY

Dated: 25th September, 2023

Venue: Sngap Syiem College **No of participants:** 112

Activities: (i) Speech from former P.O (Shri. R. Phukan, Asst. Professor English

Dept.)

(ii) Speech from Shri. S.K Wanniang(Vice principal)

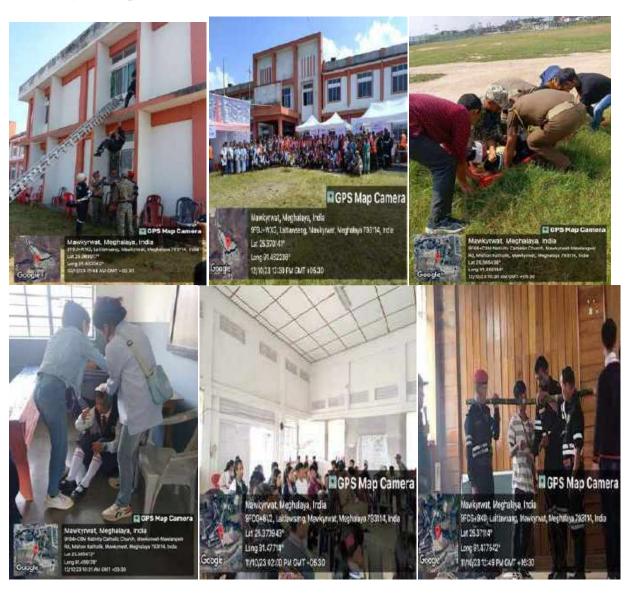
(iii) Abstract Report on NSS Activities – I. Lyngdoh (P.O)

(iv) Awards conferred to best NSS volunteers institutional Awards: (a)

PyntngenlangLyngdohRngaid ,B.A. 5thSem) (b) MerilinLyngkhoi (B.com 5thsem)



17 . On the 11th Oct, 2023: 30 NSS volunteer attending *Mock exercises* training program on Disaster Management conducted by District Disaster Management Authorities and On the 12th Oct, 2023:NSS unit, volunteering the Mockdrill Exercise conducted by DDMA Mawkyrwat at Nativity HS, Mawkyrwat market, mini secretariat and civil hospital Mawkyrwat specifically for disaster caused by earthquake!!



13th Oct,2023: AS Part of MeriMatiMeraDesh campaign, AmritKalashYatra was organized and PanchPran Pledge was taken by the NSS unit of SngapSyiemcollege where small amount of rice and soil were collected and handed to the block Development Office.

No of Participants: 52 Volunteers







19. Fit India freedom run 4.0, organized by NSS unit of Sngap Syiem college.



Achievements:

1. MerilinLyngkhoi Got a gift from EOHO sponsors for successfully completed EOHO project.



2. PyntngenlangLyngdohRngaid Bagged 3rd Prize for debate competition on India Vision 2047 representing Meghalaya during North East NSS festival 2023.



3. More than 76 plus volunteers participated for National Students Paryavaran Competition (NSPC), 2023!!



4. Some Certificates of participation in HarGharTiranga!! 2023 (69 volunteers)



5. Swachhta Hi Sewa certificate of participation (46 volunteers)



'REPORT ON SPECIAL CAMP' 24th April to 30th April 2023 At 'NongMyllam'

NATIONAL SERVICE SCHEME



Motto: "Not me But You"

SNGAP SYIEM COLLEGE, MAWKYRWAT

NSS SNGAP SYIEM COLLEGE SPECIAL CAMP 2023

Venue - NongMyllam

Date: 24th -30th APRIL 2023

1. ACTIVITIES CONDUCTED ON THE FIRST DAY i.e. the 24^{TH} APRIL,2023

NSS volunteers assembled in the college premises at 10:00 A.M Departed from the college at 11:00 A.M Arrival at the adopted village at 12:30

1. At 1:00 PM, Meeting with the Headman of Nongmyllam

Miss I. Lyngdoh P.O NSS, Sngap Syiem college conducted a brief survey on the socio-economic conditions of the village through the village Headman Mr.... Through this survey it was found out that there are about 47 households at this adopted village and the major source of income of the village is from agricultural activities. The major problems of the villagers are the impassible roads where it poses a major problem for them in many ways and drinking water source available at a distant. No drinking water supply is available, people depends on natural source of drinking water like ground water. Mostly youths of this village scattered to other villages or to the city in search of livelihood.

2. Followed by the survey conducted by the NSS volunteers on "Youth not in Formal Education nor in Regular Employment"

(The findings of this survey is enclosed through the questionnaires supplied)

Supporting Photos:



2. DAY 2(i.e 25th APRIL,2023)

Activities Conducted:

- 1. Awareness program on "Clean and Green is our Dream" by sir Resbonderson Wanniang, Asst. Professor of Botany Department Sngap Syiem College Mawkyrwat. Sir R. Wanniang talked about health and hygiene, and stressed on the liability of each and every households to maintain a clean and green environment.
- 2. Games for kids of the village conducted by NSS volunteers
 - i) Marble race
 - ii) Sack race
 - iii) Cock fight
 - iv) Blindfold shoot

Supporting Photos







3. DAY- 3 (i.e the 26th APRIL,2023)

ACTIVITIES CONDUCTED

- 1. A welcome speech from the P.O Miss Ibanrilin Lyngdoh
- 2. Team leaders conducted awareness programme on on digital productivity and digital literacy. NSS Volunteers Kynphamlang Nongsiej share his knowledge on the uses of computer applications

 Pyntngenlang Lyngdoh talked about the use of Basic computer knowledge Merilin Lyngkhoi talked about saving and banking

 Wanbhalang Wahlang share his knowledge on credit facilities
- 3. A special Speech from the headman of the village Mr.
- 4. Games for school kids conducted by NSS volunteers
 - a) Quiz competition
 - b) Musical Chair
 - c) Essay competition
 - d) Extempore Speech Supporting Photos















DAY- 4 (27th APRIL,2023)

ACTIVITIES CONDUCTED

1. Due to unfavourable weather condition, the NSS team could only conduct one sport activity for the day, which is a Girls Friendly Football Match at 2:30 PM.

Supporting Photos





DAY-5 (THE 28TH APRIL,2023)

ACTIVITIES CONDUCTED

- 1. Short Skit performed by NSS volunteers on "Education is a battle against Poverty"
- 2. Dance performance from one of the volunteers
- 3. Sight seeing of the village

Supporting Photos



DAY-06 (the 29th- April, 2023)

ACTIVITIES CONDUCTED

Boys Friendly football match between NSS Volunteers and boys of the Village. No further activities be able to conduct as it was obstructed by heavy rainfall.

Supporting photos





DAY – 07 (30th April,2023) Leaving the adopted village



CELEBRATION OF INTERNATIONAL YOGA DAY

ORGANISED BY

NATIONAL CADETS CORPS UNIT

VENUE: SNGAP SYIEM COLLEGE

DATE: 21ST JUNE, 2022

Report of Activities: About the Programme: The programme was organised by National Cadets Corps (NCC) Unit of Sngap Sviem College to observe the International Yoga Day.

Types of the Programme: Awareness programme and demonstration.

Participants: 40 NCC Cadets.

Instructors: Ms. Mirthfully Wanniang and Ms. Jessica Wanniang, NCC Cadets

Objectives of the Programme:

- To develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, this is essential for a stress-free exercise.
- ❖ To educate students about the various means of overcoming stress naturally without resorting to any artificial medicine.
- ❖ Yoga practitioners believe that when a person connects with Mother Nature with both his mind and soul, he achieves a great level of consciousness which helps him to be at peace with his surroundings. This level of consciousness would invariably lead to world peace as more and more people starts practicing Yoga.
- Practicing Yoga would lead to stronger bonds between people from different background.

Outcome of the programme: Successful

Venue: Sngap Syiem College, Mawkyrwat.





ONLINE REGISTRATION NATIONAL CADETS CORPS UNIT VENUE: SNGAP SYIEM COLLEGE

DATE: 20TH **JULY, 2022**



EBSB CAMPING

NATIONAL CADETS CORPS UNIT

VENUE: SNGAP SYIEM COLLEGE

DATE: 28TH **JULY, 2022**

CDT Mirthfully Wanniang, a Senior Wing Cadet of our College has been selected to attend the EBSB Camp held at Delhi from 31st july to 16th August, 2022.



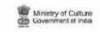


PIN A FLAG VIRTUALLY ON harghartiranga.com

NATIONAL CADETS CORPS UNIT

VENUE: SNGAP SYIEM COLLEGE

DATE: 05TH AUGUST, 2022





CERTIFICATE

PROUDLY PRESENTED TO

PYNKMENLANGPYNGROPE

FOR SUCCESSFULY PINNING A FLAG IN HAR GHAR TIRANGA.
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK AZADI KA AMRIT MAHOTSAV





Report of Activities: About the Programme: In this year of Azadi Ka Amrit Mahosav, Online Quiz on India's Flag & Constituion was organised by Indic Inspirations as a part of Har Ghar Tiranga Campaign.

Link- https://bit.ly/3JwqLr3

Types of the Programme: Online Quiz

Participants: One NCC Cadet.





Indic Inspirations congratulates

Wanbhalang Wahlang

On completing INDIA @75 QUIZ Contest held in AUGUST 2022. We salute your effort. Keep participating!









INDIA .. 75

HOSTING OF NATIONAL FLAG

NATIONAL CADETS CORPS UNIT

VENUE: SNGAP SYIEM COLLEGE

DATE: 14TH AUGUST, 2022

Report of Activities: About the Programme:

Types of the Programme: Hosting of National Flag

Participants: 20 NCC Cadets.

As part of the celebration of 75th Independence Day, the "HarGharTiranga" programme was held on

 14^{th}

August, 2022 at the College Premises by Hoisting the National Flag.

Outcome of the programme: Successful



75TH INDEPENDENCE DAY CELECRATION

NATIONAL CADETS CORPS UNIT

VENUE: NATIVITY

DATE: 15TH AUGUST, 2022

Report of Activities: About the Programme: The National Cadets Corps of Sngap Syiem College took part in March Pass held on Nativity Ground on 15th August, 2022.

The College took part in the Independence Day celebration on 15. August, 2022.

Ms.B.Lyngdoh (Political Science Dept.) delivered a speech and reminded the students about the Azaadi ka Amrit Mahotsav 2022 with the Theme "Nations First Always First" and called for salutation and honours to those courageous freedom fighters with gratitude.

Types of the Programme: Celebration

Participants: NCC Cadets.

Outcome of the programme: Successful



ONE DAY MOCK DRILL

VENUE: SNGAP SYIEM COLLEGE MAWKYRWAT

DATE: 15TH AUGUST, 2022

Report of Activities: About the Programme: The National Cadets Corps of Sngap Syiem College took part in One Day Mock Drill organized by O/o Deputy Controller Civil Defense South West Khasi Hills District in Collaboration with NSS Unit Sngap Syiem College on 24th August 2022

Types of the Programme: Participation

Participants: NCC Cadets.

Outcome of the programme: Successful



CLEANING DRIVE

VENUE: SNGAP SYIEM COLLEGE MAWKYRWAT

DATE: 27TH AUGUST, 2022

Report of Activities: About the Programme: The National Cadets Corps of Sngap Syiem College took part in A Cleaning Drive Campaign organized by NSS and Cleaning & Beautification Cell on 24th August 2022

Types of the Programme: Participation

Participants: NCC Cadets, NSS and Members of Cleaning & Beautification Cell

Outcome of the programme: Successful



GRADUATION DAY

NATIONAL CADETS CORPS UNIT

VENUE: SNGAP SYIEM COLLEGE

DATE: 03RD SEPTEMBER, 2022

Report of Activities: About the Programme: The Graduation Day was organised on the 03rd September, 2022

Types of the Programme: Participation

Participants: NCC Cadets.

Outcome of the programme: Successful



NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC) VISIT

NATIONAL CADETS CORPS UNIT

VENUE: SNGAP SYIEM COLLEGE

DATE: 21^{ST} & 22^{ND} SEPTEMBER, 2022



SWACCH BHARAT ABHIYAN

NATIONAL CADETS CORPS UNIT

VENUE: SNGAP SYIEM COLLEGE

DATE: 02ND OCTOBER, 2022

Report of Activities: About the Programme: As part of 'Clean India Movement', the NCC organised Swaach Bharat Abhiyan on the 02^{nd} October, 2022 in the College campus.

Types of the Programme: Cleaning Drive

Participants: NCC Cadets.

Outcome of the programme: Successful





RASHTRIYA EKTA DIVAS

NATIONAL CADETS CORPS UNIT

VENUE: SNGAP SYIEM COLLEGE

DATE: 31st OCTOBER, 2022

Report of Activities: About the Programme: The National Unity or The Rashtriya Ekta Diwas was celebrated on 31st October, 2022.

Types of the Programme: Pledge

Objectives: The main aim/objective of the programme is to show that even though we all belong to different religions, regions, castes and speak different languages, we should always feel that we are all one.

Participants: NCC Cadets.

Outcome of the programme: Successful

Mawkyrwat, Meghalaya, India
9F84+G39, Mawkyrwat-Mawlangwir Rd,
Mawkyrwat, Meghalaya 793114, India
31/10/22 10:12 AM GMT +05:30

COLLEGE WEEK

NATIONAL CADETS CORPS UNIT

VENUE: SNGAP SYIEM COLLEGE

DATE: 04TH NOVEMBER, 2022

Report of Activities: About the Programme:

Types of the Programme:

Participants: NCC Cadets.



AWARENESS ON SETTING UP PTODUCTIVE UNIT/ ENTREPRENEURSHIP PROGRAMME

RDAP NEHU

VENUE: SNGAP SYIEM COLLEGE

DATE: 12TH NOVEMBER, 2022

Report of Activities: About the Programme: On 12th November, 2022, the Rural Development and Agricultural Production (RDAP) NEHU Tura conducted an Awareness programme on how to set up Productive Unit/ Entrepreneurship Cell or Other Vocational Courses in the area of Mawkyrwat.

Types of the Programme: Awareness

Participants: NCC Cadets.



CATC CAMP

NATIONAL CADETS CORPS UNIT

VENUE: ARPS LAITKOR

DATE: 12th – 17th DECEMBER, 2022

CATC Camp held from 12th December, 2022 to 17th December, 2022 at ARPS Laitkor. 13 cadets from which 8 are SD and % are SW.





NATIONAL CADETS CORPS



SNGAP SYIEM COLLEGE MAWKYRWAT

ANNUAL REPORT 2023:

NATIONAL CADET CORPS (SNGAP SYIEM COLLEGE, MAWKYRWAT)

Motto: "Unity and Discipline"

1) **ENROLLMENT:**

New Enrolment (1st Year Cadets)	20; SD-10; SW-10
2021 Enrolment (2 nd Year Cadets)	26; SD-18; SW-07
2020 Enrolment (3 rd Year Cadets)	08; SD-06; SW-02
Total No. of Cadets	54; SD-35; SW-19

2) <u>CAMPS 2023:</u>

Name of CAMP	CATC CAMP	MEGHALAYA NCC FESTIVAL	CATC cum RDC-II CAMP
Date	19th-28th June, 2023	10 th -12 th July, 2023	04 th -11 th October, 2023
Location	ARPS LAITKOR	St. EDMUND's COLLEGE, SHILLONG	ARC HAPPY VALLEY
No. of Cadets Attended	SD- 05	SD- 07	SD- 12
	SW- 05	SW- 05	SW- 05

3) SPECIAL CAMPS 2023:

Name of CAMP	EBSB CAMP-II	MEGHALAYA NCC FESTIVAL
Date	04 th -15 th October, 2023	18 th October – 01 st November, 2023
Location	ALOK INTERNATIONAL SCHOOL, UJJAIN	RAJ PIPLA, GUJARAT
No. of Cadets Attended	SW- 01	SW- 01

4) <u>CERTIFICATE EXAMINATION 2023</u>

No. of Examination	'B' CERTIFICATE EXAM	'C' CERTIFICATE EXAM
No. of Cadets Attended	9	4
No. of Cadets Passed	Not Yet declared	2

Submitted by:

(Pynkmenlang Pyngrope) C.T.O Sngap Syiem College Mawkyrwat



INAUGURATION OF RUSA BUILDING VENUE: SNGAP SYIEM COLLEGE DATE: 09TH JANUARY, 2023

Report of Activities: About the Programme: .

Types of the Programme: Participants: 06 NCC Cadets.

Outcome of the programme: Successful

Venue: Sngap Syiem College, Mawkyrwat.





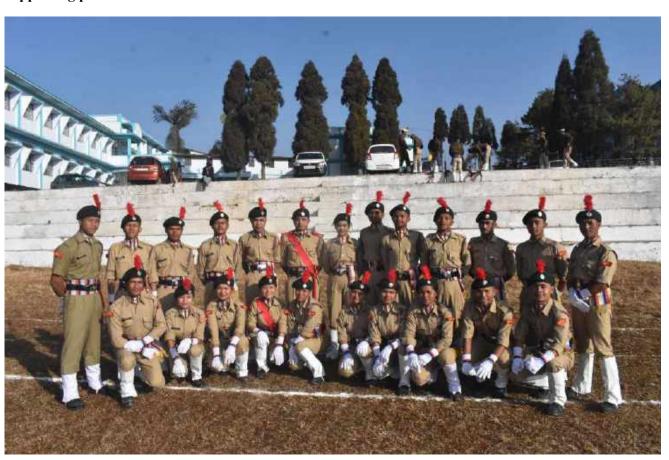
REPUBLIC DAY 2023 VENUE: NATIVITY DATE: 26TH JANUARY, 2023

Report of Activities: About the Programme: The programme was organised by the Office of the Deputy Commissioner, South West Khasi Hills District. The NCC unit of the College has participated in this programme along with 5 different schools of South West Khasi Hills District.

Participants: 30 NCC Cadets.

Outcome of the programme: Successful

Venue: Nativity, Mawkyrwat.



NCC ADVENTURE TRAINING CAMP 2023 VENUE: KYNREWMYLLAH ADVENTURE CENTRE ECO-TOURISM, MAWRANGLANG DATE: 07TH FEBRUARY, 2023

About the Report **Activities:** Programme: The programme organised was by NCC of Sngap Syiem College in collaboration with Rock Climbing Mawkyrwat & Mountaineering Association, South West Khasi Hills District on the 07th February, 2023 at Kynrewmyllah Adventure Centre Eco-Tourism, Mawranglang. The training was on First Aid, Rappelling & Jumaring and Zipline.

Participants: 29 NCC Cadets & ANO

Instructor: Mr. Pilastar Nongsiej, Officials National Sports Climbing.

Objectives of the Programme:

➤ The whole aim of the programme is to aid during emergency.

Outcome of the programme: Successful





OUTING PTOGRAMME 2023

B Certificate Examination VENUE: SHILLONG COLLEGE

DATE: 12th February, 2023.

Report of Activities: About the Programme: The B Certificate Examination 2023 was held at Shillong

College on 12th February, 2023. **Types of the Programme:** Test **Participants:** 09 **NCC** Cadets

Outcome of the programme: Successful

Venue Shillong College



OUTING PTOGRAMME 2023 VENUE: SOHRA

DATE: 17TH FEBRUARY, 2023

Report of Activities: About the Programme: The programme was organised by the NCC of Sngap Syiem College Mawkyrwat on 17th February, 2023. The idea behind organising the programme is to inculcate the spirt of teamwork. During the journey various programmes were organised which help cadets in understanding the value of teamwork.

Types of the Programme:

Participants: 37 NCC Cadets & 1 ANO Outcome of the programme: Successful

Venue: SOHRA.
Supporting photos



C Certificate Examination VENUE: SHILLONG COLLEGE

DATE: 19th February, 2023.

Report of Activities: About the Programme: The C Certificate Examination 2023 was held at Shillong

College on 19th February, 2023. **Types of the Programme:** Test **Participants:** 04 **NCC** Cadets

Outcome of the programme: Successful

Venue Shillong College



DRILL SQUAD TEST VENUE: SNGAP SYIEM COLLEGE DATE: 06TH **APRIL, 2023**

Report of Activities: About the Programme: The programme was organised by the NCC of Sngap Syiem College Mawkyrwat on 06TH APRIL, 2023. DST is conducted in order to

Types of the Programme: DRILL SQUAD TEST Participants: 22 Cadets, ANO and One Instructor.

Outcome of the programme: Successful

Venue: Sngap Syiem College.



VARIETY PTOGRAMME VENUE: SNGAP SYIEM COLLEGE MAWKYRWAT DATE: 15TH MAY, 2023

Report of Activities: About the Programme: The programme was organised by the NCC of Sngap Syiem College Mawkyrwat on 15th mAY, 2023. The idea behind organising the programme is to inculcate the spirit of teamwork. NCC Cadets took active participation in various activities such as singing, dancing, games, etc.

Types of the Programme: Variety Programme

Participants: 22 Cadets & ANO

Outcome of the programme: Successful

Venue: Sngap Syiem College.



NEHRU YUVA KENDRA SANGATHAN

VENUE: NATIVITY HALL DATE: 19TH MAY, 2023

Report of Activities: About the Programme: The programme was organised by Nehru Yuva Kendra Sangathan (Ministry of Youth Affairs & Sports, Govt. Of India), South West Khasi Hills District, Meghalaya. Shri Pyntngenlang L. Rngaid took part in Declamation Contest and bagged the 3rd Position.

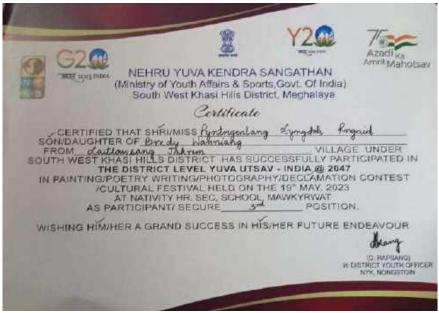
Types of the Programme: The District Level Yuva Utsav-India @2047

Participants: 6 Cadets & ANO

Outcome of the programme: Successful

Venue: Nativity Hall





CATC CAMP

VENUE: ARPS Laitkor, Shillong DATE: 19TH MAY, 2023

Report of Activities: About the Programme: The CATC Camp which was held at ARPS Laitkor, Shillong from 19thJune to 28th June, 2023 was organised by the 2nd Megh Bn Unit, Shillong.

Participants: 10 Cadets, 5 SDs & 5 SWs.

Outcome of the programme: Successful

Venue: ARPS LAitkor, Shillong





INTERNATIONAL YOGA DAY 2023 VENUE: SNGAP SYIEM COLLEGE MAWKYRWAT DATE: 21TH MAY, 2023

Report of Activities: About the Programme: The International Yoga Day 2023 was organised by National Cadets Corps (NCC) Unit in collaboration with NSS of Sngap Syiem College to observe the International Yoga Day.

Types of the Programme: Awareness programme and demonstration.

Participants: 40 NCC Cadets.

Instructors: Some NCC cadets have completed training programme on Yoga.

Objectives of the Programme:

- To develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, this is essential for a stress-free exercise.
- To educate students about the various means of overcoming stress naturally without resorting to any artificial medicine.
- ❖ Yoga practitioners believe that when a person connects with Mother Nature with both his mind and soul, he achieves a great level of consciousness which helps him to be at peace with his surroundings. This level of consciousness would invariably lead to world peace as more and more people starts practicing Yoga.
- ❖ Practicing Yoga would lead to stronger bonds between people from different background.

Outcome of the programme: Successful

Venue: Sngap Syiem College, Mawkyrwat.



WORLD PLASTIC FREE DAY 2023

VENUE: College DATE: 02ND JULY, 2023

Report of Activities: About the Programme: The World Plastic Free Day is an annual observation which raises awareness about the harmful impacts of single-use plastic on the environment and living beings. The NCC cadets observed this event on 03rd July, 2023.

Types of the Programme: Cleaning Drive

Participants: 10 Cadets

Outcome of the programme: Successful

Venue:

Supporting photos

Mawkyrwat Area





MEGHALAYA NCC FESTIVAL 2023 VENUE: ST. EDMUNDS COLLEGE

DATE: 10TH to 12TH JULY, 2023

Report of Activities: About the Programme: The Meghalaya NCC Festival which was held on 10th July to 12th July at ST. Edmund's College, Shillong was conducted for the state of Meghalaya which open for participation to all SD/SW NCC cadets from all colleges of the state of Meghalaya.

Aim of the Programme: The aim of the festival is to create awareness about NCC in Meghalaya so that students opt for NCC in schools and colleges in larger numbers along with their regular education. Various events was conducted as part of the NCC Festival will be as under: -

- (a) Painting/Drawing Competition
- (b) Inter College Live Band Competition
- (c) Group Task
- (d) Group Planning
- (e) Debate
- (f) Quiz
- (g) Solo Singing
- (h) Street Play
- (i) Best NCC Personality SD & SW
- (j) Best College of the NCC Festival Meghalaya
- (k) Cultural Evening

Participants: 6 SDs & 6 SWs

Outcome of the programme: Successful

Venue: St. Edmund's College, Shillong



SHIKSHA SANKALP/EDUCATION PLEDGE 2023

VENUE: ONLINE DATE: 15TH JULY, 2023

Report of Activities: About the Programme: To support the school education of children from economically weak families in India based on verified learning outcomes, by leveraging support from donors all over the world, while fostering trust through a high degree of transparency and accountability, with the ultimate aim of achieving universal education in India within the foreseeable future

Type of the Programme: Education Pledge Online

Participants: 36 Cadets & ANO

Outcome of the programme: Successful

Venue: Online





ENROLMENT 2023

VENUE: College DATE: 31ST JULY, 2023

Report of Activities: About the Programme: 20 cadets were newly enrolled under NCC for 2023-2025. Out

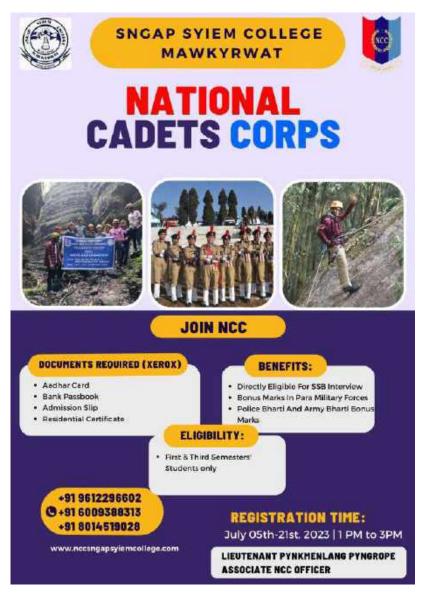
of 20 cadets, 10 are SDs and 10 are SWs.

Type of the Programme: NCC Enrollment.

Participants: 40 cadets & ANO

Outcome of the programme: Successful

Venue: Sngap Syiem College Mawkyrwat



INTRODUCTORY SUMMER PROGRAMME 2023

VENUE: College DATE: 20TH JULY, 2023

Report of Activities: About the Programme: NCC cadets volunterered in the Introductory Summer

Programme which was held on 20th July, 2023.

Type of the Programme: NCC Enrollment.

Participants: 20 cadets & ANO

Outcome of the programme: Successful

Venue: Sngap Syiem College Mawkyrwat



VISIT FROM PERMANENT INSTRUCTORS (PI) STAFF

VENUE: College
DATE: 02ND AUGUST, 2023

Report of Activities: About the Programme: As part of NCC Enrollment programme, the 2nd Megh Bn Unit on 02nd August, 2023 sent two Permanent Instructors (PI) Staff- Havaldar Doley and Havaldar Sumi who took personal test for all the newly enrolled cadets.

Type of the Programme: NCC

Participants: , 2 Pi staff, 32 cadets & ANO **Outcome of the programme:** Successful

Venue: Sngap Syiem College Mawkyrwat



INDEPENDENCE DAY CELEBRATION 2023 HOSTING OF INDIAN FLAG

VENUE: SNGAP SYIEM COLLEGE MAWKYRWAT

DATE: 15TH AUGUST, 2023

About the programme: As part of the 77th Independence Day Celebration, Sngap Syiem College Mawkyrwat early in the morning at 7 o' clock hosted the National Flag which marked the historical event of India's Independence from British rule. The hositing of flag also signifies the rise of a new nation, free from colonial domination.

No. of Participant: 20 NSS, 28 NCC & Staff of the College.

The Programme was chaired by Shri. T. Lyngdoh. The programme started with the NCC parade and salute followed by Flag Hosting by Shri. R.Phukon, HOD of English Department, who also addressed on this auspicious occasion. Shri Phukon reminded on the theme of Independence Day which is Azadi ka Amrit Mohotsav which means Celebration of Independence with Amrit (Mana). The NSS under the leadership of Smti I.Lyngdoh sang the National Anthem.

Outcome: Successful

Photos:





77th INDEPENDENCE DAY 2023

ORGANISED BY

O/o the DEPUTY COMMISIONER, SOUTH WEST KHASI HILLS DISTRICT VENUE: NATIVITY HIGHER SECONDARY SCHOOL

DATE: 15TH AUGUST, 2023

Report of Activities: About the Programme: The programme was organised by the Office of the Deputy Commissioner, South West Khasi Hills District. The NCC unit of the College has participated in this programme along with different schools of South West Khasi Hills District.

Outcome of the programme: Successful

Participants: 26 NCC Cadets & ANO

Venue: Nativity Higher Secondary School Mawkyrwat.



MERI MAATI MERA DESH 2023

VENUE: ONLINE

DATE: 16TH AUGUST, 2023

About the programme: The campaign titled 'Meri Maati Mera Desh' was launched by PM of India on June 30th to honour the soldiers who gave the supreme sacrifice for the freedom of the country. As part of this campaign, NCC cadets took part in online pledge.

No. of Participant: 40 cadets and ANO.

Outcome: Successful

Photos:





AZADI KA AMRIT MAHOTSAV – 'UNITY' THEME VENUE: POLICE STATION MAWKYRWAT DATE: 30^H AUGUST, 2023

About the programme: The programme was organised by the O/o The District School Education Officer, South West Khasi Hills District, Meghalaya.

Aim of the Programme: To gain information and understanding about the structure, functioning, challenges and also to create awareness about the Police and Security forces.

No. of Participant: 10 cadets and ANO.

Outcome: Successful



GRADUATION DAY 2023 VENUE: COLLEGE DATE: 01ST SEPTEBER, 2023

About the programme: The Graduation Day for the 6th Semester passed out students was held 01st September, 2023.

No. of Participant: 10 cadets and ANO.

Outcome: Successful



RANK CEREMONY 2023 VENUE: COLLEGE DATE: 07TH SEPTEMBER, 2023

About the programme: The Rank Ceremony for the NCC cadets was held on 07th September, 2023. The Chief Guest for this occasion was OC JB Tongwah. Other members present were Principal of the College and teaching and non-teaching staff. Parents of the cadets were also invited to attend the programme.

Aim of the Programme: The main purpose of the programme was to motivate the NCC cadets to perform their duty as NCC cadets and to give their best in everything they do.

No. of Participant: 35 cadets, ANO, Parents, Teaching and Non-teaching Staff

Outcome: Successful



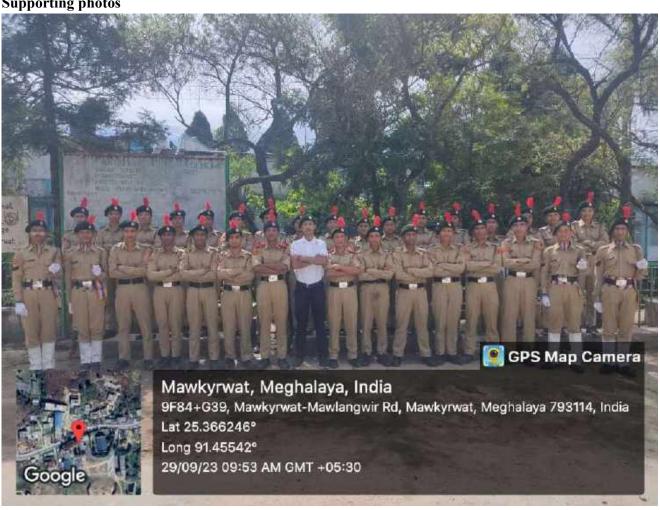
SHRAMDAAN DAY **VENUE: MAWKYRWAT** DATE: 29th September, 2023

Report of Activities: About the Programme: Shramdaan means a voluntary contribution by the person towards community welfare involving physical effort. It is a way of helping our community and contributing to help and change the environment around us for better. In order to inculcate this value in the present generation, Shramdaan Day was organised on 29th September, 2023 at the College Campus to align with the purpose of service, which is an essential aspect of teaching and learning. On this day, NCC Cdaets took part in cleaning drive.

Participants: 33 Cadets and ANO

Outcome of the programme: Successful

Venue: Mawkyrwat Area



CATC cum RDC-II CAMP 2023 VENUE: ARC HAPPY VALLEY DATE: 04TH – 11TH OCTOBER, 2023

Report of Activities: About the Programme: The CATC cum RDC II Camp which was held at ARC Happy Valley, Shillong from 04thOctober to 11th October, 2023 was organised by the 2nd Megh Bn Unit, Shillong.

Participants: 17 Cadets, 12 SDs & 5 SWs and ANO

Outcome of the programme: Successful

Venue: ARPS LAitkor, Shillong



EBSB CAMP 2023 VENUE: ALOK INTERNATIONAL SCHOOL, UJJAIN

DATE: 04TH – 15TH **OCTOBER, 2023**

Report of Activities: About the Programme: CDT Belbiles Thongnirit attended the EBSB Camp which was held at Alok International School, Ujjain from 04thOctober to 15th October, 2023.

EBSB or 'Ek Bharat Shrestha Bharat' of NCC is an annual camp for national integration conducted between paired states. The aim of the camp is to foster a sense of unity and nationalism amongst the participating NCC cadets and familiarising with the paired states.

The main objectives of the camp is to develop leadership skills, enhance knowledge and public speaking abilities, peer learning through mutual interaction, foster team spirit and esprit de corps, improve soft skills, understand culture of own state and the participating state.

Participants: CDT Belbiles Thongnirit

Outcome of the programme: Successful

Venue: Alok International School, Ujjaun



SNIC CAMP 2023

VENUE: RAJ PIPLA, GUJARAT DATE: 18TH – 01TH OCTOBER, 2023

Report of Activities: About the Programme: SGT Bishel Lyngkhoi attended the SNIC Camp which was held at Raj Pipla, Gujarat from 18th October to 01th October, 2023.

Special National Integration Camps (SNIC) are Centrally Organised Camps (COC) conducted to make cadets aware of the rich heritage of cultures that is the connecting link of unity despite the diverse languages, traditions and religions of our country. These camps are conducted on an all India basis with the aim of bridging the cultural gap among various states of India.

Participants: SGT Bishel Lyngkhoi

Outcome of the programme: Successful

Venue: Raj Pipla, Gujarat



YOUTH EXCHANGE PROGRAMME 2023 VENUE: NATIVITY HIGHER SECONDARY SCHOOL DATE: 06TH OCTOBER, 2023

Report of Activities: About the Programme: The Youth Exchange Programme which was held on 06th October, 2023 at Nativity Higher Secondary School was organised by the O/o The District Sports Centre, Government of India, South West Khasi Hills District, Meghalaya. On this programme, the NCC cadets took part in a Drama Competition and bagged the 1st Position. The NCC cadets were then selected to represent the South West Khasi Hills District and compete in the State Level Competition.

Participants: 6 Cadets

Outcome of the programme: Successful

Venue: Nativity Higher Secondary School



2-DAY TRAINING AND EXERCISE ON EARTHQUAKE AND LANDSLIDES SCENARIO ORGANISED BY THE DISTRICT DISASTER MANAGEMENT

VENUE: O/o of DEPUTY COMMISIONER, SOUTH WEST KHASI HILLS DISTRICT DATE: $11^{TH} - 12^{TH}$ OCTOBER, 2023

Report of Activities: <u>Day-1 (11th October 2023)</u>

On the 11th October, 2023, the programme was held at Deputy Commissioner Office at Laitlawsang. The college bus dropped the cadets at Deputy Commissioner Office. The programme began at 11:00 AM. The Chief Executive Officer District Rural Development Agency (DRDA) gave a PowerPoint presentation on 'Disaster Management'

Besides the awareness programme, mock training was given by the Fire and Emergency Service on how to carry an injured person and how to use the rope in many ways. And another training was also given by the Meghalaya Home Guard on how to use first-aid kit to the injured person.

After the programme, refreshment was provided by the organizer of the programme.

Day-2 (12th October, 2023)

On the 12th October, 2023, The Mega Mock Drill Exercise was conducted. The cadets were divided into different groups so that the mock drill can be conducted in different locations. After the Mock Drill Exercise all the cadets went to the mini secretariat of South West Khasi Hills District for another Mock Drill Exercise. The programme was ended with the speech from the Chief Executive Officer of District Rural Development Agency (DRDA) of South West Khasi Hills District, Meghalaya

After the programme, lunch was provided by the organizer of the programme.

Participants: 10 Cadets, 6 SDs and 4 SWs.

Outcome of the programme: Successful

Venue: O/o DC South Wet Khasi Hills District

AKAM-MERI MAATI MERA DESH CAMPAIGN VENUE: MAWKYRWAT C&RD BLOCK DATE: 20TH OCTOBER, 2023

Report of Activities: About the Programme: The C & RD Block Mawkyrwat on 20th October, 2023 conducted Akam- Meri Maati Mera Desh Campaign at C & RD Block Mawkyrwat in collaboration with the NCC of Sngap Syiem College Mawkyrwat to honour the martyred brave hearts

Participants: 10 Cadets, 6 SDs and 4 SWs.

Outcome of the programme: Successful

Venue: Mawkyrwat C & RD Block





POLICE COMMENMORATION DAY

VENUE: O/o THE SUPERINTENDENT OF POLICE SOUTH WEST KHASI HILLS DISTRICT MAWKYRWAT

DATE: 21TH OCTOBER, 2023

Report of Activities: About the Programme: The O/o The Superintendent of Police South West Khasi Hills District, Mawkyrwat on 21st October, 2023 observed the Police Commemoration Day as a mark of respect for the courage and bravery of the police personnel who have sacrificed their life in safeguarding the nation. The NCC cadets were invited to be apart of this special event.

Participants: 30 Cadets, 10 SDs and 10 SWs.

Outcome of the programme: Successful

Venue: O/o The SP South West Khasi Hills District Mawkyrwat



NCC CONFERENCE

VENUE: NCC GP HQ , 2 ND MEGHALAYA BN NCC OFFICE, SHILLONG DATE: $08^{TH}-09^{TH}$ NOVEMBER, 2023

Report of Activities: About the Programme:

A conference was conducted held at NCC GP HQ ,Shillong at 1300 hrs on $08\text{th}-09^{\text{th}}$ Novemver, 2023. The ETEDA, online enrollment prog, camp details, institution training, honorarium, refreshment etc were discussed. The ANOs were applauded for doing excellent work in NCC activity and the flag off of car rally

Participants: ANO Sngap Syiem College Mawkyrwat

Outcome of the programme: Successful

Venue: Ncc Gp Hq, 2 Nd Meghalaya Bn Ncc Office, Shillong



NCC DAY

VENUE: SNGAP SYIEM COLLEGE MAWKYRWAT DATE: 25-26TH NOVEMBER, 2023

Report of Activities: About the Programme:

The NCC Day 2023 was organised on 25th November, 2023 at the College Campus. Activities such as cleaning drive and get together programme was organised by the cadets. Refreshments were being served to the cadets after the programme.

Participants: 26 NCC cadets.

Outcome of the programme: Successful

Venue: Sngap Syiem College Mawkyrwat

Supporting photos



NCC TREKKING

FROM KYNTIEWMYLLAH ADVENTURE TRAINING CENTRE & ECO-TOURISM TRAINING, MAWRANGLANG TO DOMSIEJIONG, SOUTH WEST KHASI HILLS DISTRICT DATE: 21TH DECEMBER, 2023

Report of Activities: About the Programme:

The NCC Trekking programme was organised on 21st December, 2023 which took place from Kyntiewmyllah Adventure Training Centre & Eco-Tourism Training, Mawranglang to Domsiejiong, South West Khasi Hills District. Mr. Pilastar Nongsiej who is one of the top 35 Mountain Climbers in India led the team.

Participants: 20 NCC cadets and 1 Instructor.

Outcome of the programme: Successful

Venue: Domsiejiong, South West Khasi Hills District

